



Catholic School Parents SA is pleased to present:

A window into the adolescent brain

presented by Mark Le Messurier

Wednesday October 25 2023
6pm - 8pm (in person or online)

St Thomas School & Preschool
10 Rushton Street, Goodwood

This Parent Engagement Evening is hosted by Catholic School Parents SA.

The ages between 11 to 20 years are loosely considered adolescence. It is a critical time for human development and is best-known as a period of change – physically, emotionally, sexually and neurologically. Yet, adolescent behaviour can be a puzzle to many – parents included.

So, what is a parent to do...? Firstly, understand what's really happening within your teenager during this vulnerable time. Change gears and shift your parenting to embrace this new dimension.

Mark will also present some fast, practical and helpful ideas for you to work with.

Mark Le Messurier is a teacher, counsellor, author and public speaker. He works in private practice as a mentor to children and adolescents, and as a coach to parents.

Register via the [CESA Registration Centre](#) or go to the [Events page](#) on the CSPA Website.