

Family Lenten Journey

Monday



LENT BEGINS SOON...

Tuesday

FEBRUARY 13

Shrove Tuesday

Make pancakes today



Wednesday

14 Ash Wednesday



Thursday

15

HAVE YOU EVER WONDERED...

what is Lent?



Friday

16

Lent is the time of preparation for Easter. It starts on Ash Wednesday & ends on Holy Thursday.

This is forty days (not including Sundays) for Christians to reflect on their faith with giving, praying and fasting.

It is a time of repentance - to focus on prayer, fasting & good works to help reflect on their lives and consider ways to live justly in the world today.

Saturday

17

Set up a sacred space in your home



Sunday

18

JESUS IS TEMPTED IN THE WILDERNESS.



WATCH THIS

Week 1

19



Go to the Caritas website, Project Compassion 2024 & learn about Ronita

20

MAKE A LENTEN JAR

Find a small jar to decorate & place in your sacred space



(TO ADD THINGS INTO LATER!)

21



Find symbols for Lent & find out what they mean



22

Decorate a box to fill with items to donate to charity during Lent



23

Challenge yourself to go without sweets today



24



Prayerfully walk with the Stations of the Cross at your local parish church.

25

TRANSFIGURATION OF JESUS



Week 2

26

Write down how you've grown closer to Jesus this Lent. Place in the Lenten jar



27



Go to the Caritas website, Project Compassion 2024 & learn about Leaia

28

Reflect on your Lenten journey.

How are you going so far?...



29

Write a poem as you journey with Jesus on the Way of the Cross



MARCH 1



Add a food item to your box for charity

2

Draw a symbol showing your forgiveness of someone. Add it to your Lenten jar.



3

PARABLE OF THE FIG TREE



Week 3

4



Learn & pray The Lord's prayer

5

Discuss a good deed you saw today



6



Go to the Caritas website, Project Compassion 2024 & learn about Memory

7

Do some research on the history of pretzels & Lent.



Make your own pretzels!

8

JESUS & THE WOMAN WHO SINNED



9

Do something kind for your parent(s) today



10

PARABLE OF THE PRODIGAL SON



Family Lenten Journey

Week 4

Monday

11



Write, decorate & pray the Hail Mary

Tuesday

12

Did you know Caritas Australia works alongside First Australian Communities.

Caritas Australia has been since 1972.

Wednesday

13

Discuss your favourite story about Jesus



Thursday

14



Add a stationery item to your box for charity

Friday

15

Watch & pray Stations of the Cross



Saturday

16

THE ANNUNCIATION



Sunday

17

ST. PATRICK'S DAY



Week 5

18

Sit with God & reflect (0:40-1:32)



19

ST. JOSEPH'S FEAST DAY



20

Look up & read 1 Corinthians 13:4-7 As a family, reflect on what this verse means



21



Donate your box of goods you have collected

22

Go to the Caritas website, Project Compassion & read about what we do with the funds from your donations



23

Make a palm leaf cross for Palm Sunday



24

Palm Sunday

JESUS RIDES INTO JERUSALEM



Holy Week

25

Go out for a prayerful walk and find some sticks to create your own cross



26

which are the three days of the Easter Triduum?

HAVE YOU EVER WONDERED...

27

The Easter Triduum begins with Lord's supper on Holy Thursday evening followed by the commemoration of the Lord's Passion on Good Friday.

The third day is the celebration of Jesus's resurrection - Easter Sunday. This begins with the Easter vigil on Saturday evening.

28 The Lord's Supper



Faces of Easter VI Godly Play

29

Good Friday

Write a special prayer thanking Jesus for loving us. Add it to the Lenten jar



30

Holy Saturday

Light a candle & place on your prayer space. Pray The Lord's Prayer & Glory Be prayer as a family



31

Easter Sunday

