

hosted by Catholic School Parents SA.

This is more than a workshop on "cyber safety" – it addresses the delicate balance required to support kids to manage real life responsibilities, screens, social media and video games.

Mark will take attendees down a road that creates a balance between screens and other aspects of living a real life. Capturing a balance is a healthier approach than endlessly fighting, banning and being the controller of screens and devices... You need to be empowered - not scared off.

Mark Le Messurier is a teacher, counsellor, author and public speaker. He works in private practice as a mentor to children and adolescents, and as coach to parents.

Register via the <u>CESA Registration Centre</u> or go to the **Events page on the CSPSA Website**